



Spring Menu 2026



B”H

<u>WEEK I</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<i>Give'em Something to TACO About Salad</i>	<i>Garlicky Delicious</i>	<i>Egg-cellent Lunch</i>	<i>Smashed Bites</i>	<i>Bagels and Shmear</i>
Protein	Black Beans	Lemon Garlic Tilapia	Sliced Eggs	Veggie Burger Bites w/ketchup	Cream Cheese
Grains	Tortilla Chips	Herb Whole Wheat Macaroni	Ezekiel Toast Triangles	Smashed Potatoes	Bagels
Fruit/ Vegetable	Shredded Lettuce & Diced Tomatoes	Tri Colored Peppers	Avocado Mash	Peas	Spinach Salad w/raspberry vinaigrette
Fruit/ Vegetable	Green Salsa	Roasted Corn	Fresh Berries	Orange Slices	Celery

<u>WEEK II</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<i>Spring Greens & Dreams</i>	<i>Chickadee Chickapea</i>	<i>Tunawich</i>	<i>Teriyaki Stir-Fry</i>	<i>Itty Bitty Ditalini</i>
Protein	Tofurkey Slices	Roasted Chickpeas	Tuna	Tofu Teriyaki	Mozzarella Cheese
Grains	Pineapple Zucchini Loaf	Garlic Pita	Sourdough Bread	Brown Rice	Ditalini Noodles
Fruit/ Vegetable	Roasted Green Beans	Marinara	Sweet Potato Cubes	Cuties	Zucchini
Fruit/ Vegetable	Pineapple	Green Salad w/onion vinaigrette	Pickles	Stir Veggies	Olives

Spring Menu

Dates:

April 13, 2026-

June 5, 2025

Each snack consists of one whole grain

...each snack consists of one Fruit

- Whole Grain Unsalted Rice Cakes
- Whole Grain Cheerios
- Whole Wheat Pretzels
- Whole Grain Pretzel Thins
- Veggie Straws and/or Apple Straws
- Corn Tortilla Chips
- Apples, oranges, bananas, pears or other fresh fruit
- Unsweetened Apple Sauce
- Unsweetened Raisins or Craisins

And...

**If your child is allergic to any of the items on our menu, please tell the teacher right away!*